

## NOVEMBER MENU

### **WNMU-TV13 (check your local cable channel listings)**

#### **Ask the Doctors**—Diabetes

Airs: Thursday, November 12<sup>th</sup> at 8pm  
Friday, November 13<sup>th</sup> at 3pm

#### **Media Meet**—Diabetes Education

Airs: Saturday, November 7<sup>th</sup> at 6:30pm

#### **What's Up**—Diabetes Educators

Airs: Random throughout November

#### **Blood Sugar Rising**—PBS Documentary

Airs: Current Passport Members watch anytime, or online at:  
<https://www.pbs.org/wgbh/blood-sugar-rising/home/watch/>

\*\*\*All programs can also be viewed online at [wnmutv.nmu.edu](http://wnmutv.nmu.edu)

\*\*\*Programs will also be posted on WNMU-TV13's Facebook page (except Blood Sugar Rising)

### **WNMU-FM (90.1 Marquette; 91.9 Manistique; 96.5 Escanaba; 97.9 Stephenson)**

\*\*\*Diabetes Educator interviews (random throughout month)

\*\*\*All interviews will be available for listening anytime at [wnmufm.org](http://wnmufm.org)

\*\*\*Also available on Facebook and Instagram