

# Chemo Port Pillow

The materials and tools to make a chemo port pillow:

1. Cotton fabric (this can be plain cotton or flannel) cut to 7" x 4" rectangles
2. Sew-on hook-and-loop tape cut to 3.5"
3. Polyester fiberfill
4. Rotary cutter or scissors
5. Sewing machine

Baste the hook-and-loop tape onto the right side of one piece of fabric on a long edge of the rectangle at about the half-way mark, using 1/8" seam. Fasten the pieces of hook-and-loop to each other so they wouldn't move around when completing the edges of the pillow.

Place the right sides of the fabric together and sew around the edges, leaving about 2" on one of the short edges of the fabric. Turn the pillow right side out then stuff the pillow with the polyester fiberfill. Be careful not to overstuff.

Topstitch to close the hole.

