

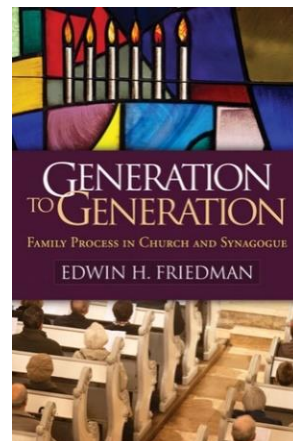
# Systems Theory Book Study and Discussion Group

**Are you curious about how groups function as an emotional system?**

**Are you curious to try to see the “bigger picture” of things?**

**Are you wanting to be more mindful of your own functioning within a group setting?**

**Are you wanting to be a better leader in the midst of all the anxiety swirling around you?**



You are invited to join Pastor Jim Duehring, Assistant to the Bishop, for a “Book Study and Discussion Group” around the concepts of Family Systems posited by Dr. Murray Bowen and further expressed through the writings of Rabbi Ed Friedman and others.

We will begin by discussing Friedman’s book, *Generation to Generation: Family Process in Church and Synagogue*. This book is available at Amazon.com for about \$35/Kindle at \$19.25. The format of this discussion group will be bimonthly online Zoom meetings. The time of day for these Zoom meetings will be determined by the group.

## **Who should consider this discussion group?**

This is recommended for rostered leaders, licensed lay ministers, and lay congregational leaders (council members, etc.) who want to grow in their leadership functioning.

**If you are interested or have questions about this group, contact Pastor Jim at the Synod Office (906) 228-2300 by December 18.** We hope to begin the group discussion sometime in January.

“The human has been slow to learn about their own inner space within their own skull. Thus far we have hardly scratched the surface.”

~Murray Bowen

“It is the thesis of this book that all clergymen and clergywomen, irrespective of faith, are simultaneously involved in three distinct families whose emotional forces interlock: the families within the congregation, our congregations, and our own.”

~Rabbi Ed Friedman in *Generation to Generation*