

Fabric Masks

Pattern by Marcia Nelson

1. Use tightly woven cotton fabric. Wash and dry before making mask to pre shrink. Cut two pieces of fabric (one each of two different fabric so user knows which side is their inside). Measurements 11" by 8".



2. Trim a 1.5" by 3" off each corner.

3. Cut a 5" length of 1/4 " wide elastic for each end. If you have wider elastic 3/8" or 1/2" cut in half lengthwise.



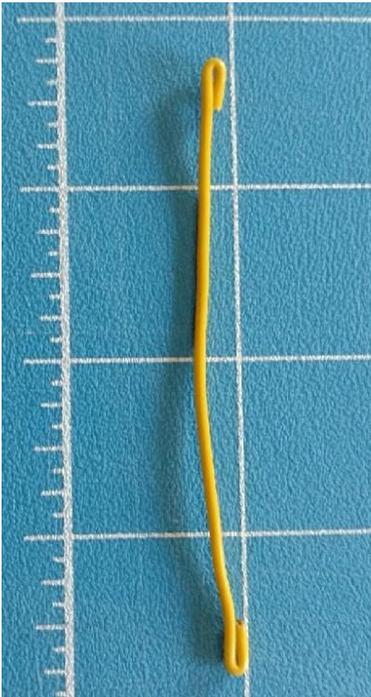
4. Put the right sides of fabric together and pin 5" elastic piece 3/8 from the edge in each corner.



5. Stitch two sides together 1/4 in. Seam. Leave 3 " opening on bottom to pull right sides of fabric out.



6. Cut 4 in. Length of thin covered wire to make nose piece. Can use covered jewelry wire, plastic covered bread ties etc. Turn in 1/3 " in on each side to minimize poking thru fabric.



7. Stitch 1/4" pocket along top of mask about 2" long. With needle through fabric to hold it in place, feed the piece into the start of the pocket. Push wire up along top edge and stitch the rest of the 1/4" pocket around the wire to hold in place.



8. Wire in pocket.



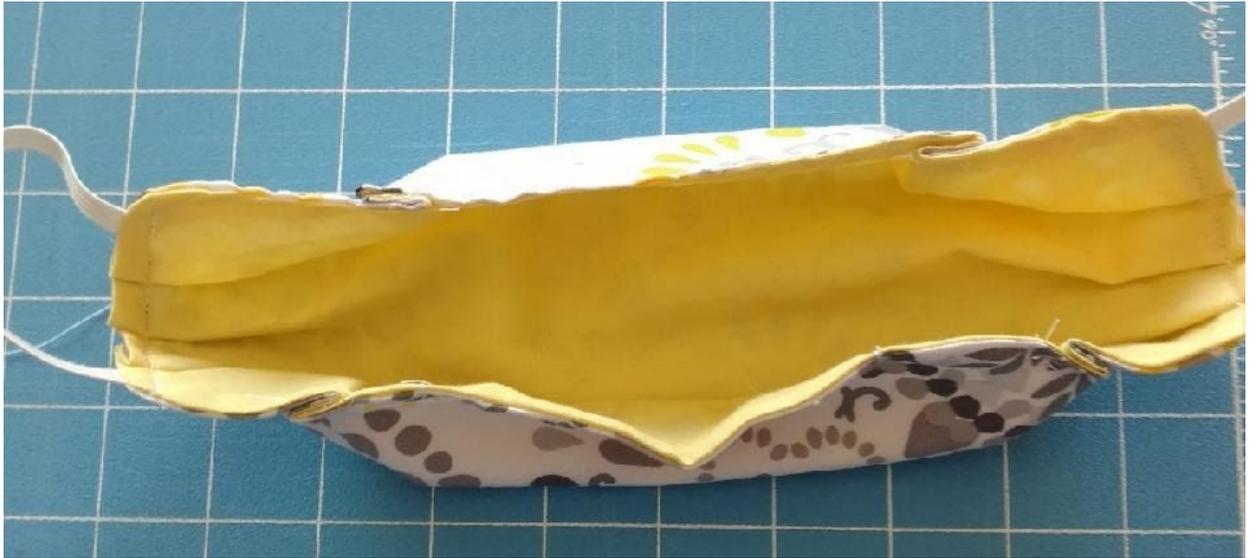
9. Make three pleats on each end.



10. Stitch pleats in place on both ends and around bottom of mask to close opening on bottom.



11. Stitch two about 1/3" pleats on each side on top and bottom of mask (total of 4). This helps to make the mask fit snug.



12. I always wash and dry after complete. Put each mask in zip lock sandwich bag to maintain cleanliness until distributed.



Note: If you do not have elastic you can make self fabric strings, use shoe laces etc. to make four 12" ties in each corner.